

St Benedict's Parish

Arcadia

To desire eternal life with all spiritual longing.
Rule of St Benedict, Chapter 4



COVID-19 RESTRICTIONS UPDATE:

Church Attendance:
One person per 4sqm,
maximum 100 people.

Masks are mandatory

Please use QR CODE provided or write your name and phone number when you enter Church after sanitizing and wearing a mask. Contact Paula on 0423 078 282.



Fourth Sunday in Ordinary Time Year B

30 & 31 January 2021

Entrance Antiphon

Save us, O Lord our God!
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you.

First Reading

Deuteronomy 18:15-20

A reading from the book of Deuteronomy
I will put my words into the prophet's mouth, and he will tell them all I command.

Responsorial Psalm

R. If today, you hear his voice,
harden not your hearts.

Second Reading

1 Corinthians 7:32-35

A reading from the first letter of St Paul to the Corinthians
The unmarried woman dedicates herself to the things of the Lord, that she might be holy.

Gospel Acclamation

Alleluia, alleluia!

A people in darkness have seen a great light:
a radiant dawn shines on those lost in death.

Alleluia!

Gospel

Mark 1:21-28

A reading from the holy Gospel according to Mark
This is a new kind of teaching that speaks with authority.

Communion Antiphon

Blessed are the poor in spirit,
for theirs is the Kingdom of Heaven.
Blessed are the meek, for they shall possess the land.

PARISH MASSES

Weekend Mass:

Saturday	7:00pm
Sunday	9:00am
Sunday	10:30am
Sunday Latin	4.30pm

Weekday Mass:

Mondays to Thursdays 9:30am
Fridays 7:00pm followed by Confession
First Friday of the month 6.30pm Adoration

MONASTERY CHAPEL Mass

Sundays	7:00am
Daily	7:00am

Please contact Father Bernard for the following:

BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS

Fr Bernard: 0416 032 497

Gospel reading for this Week**Mark 1:21-28**

A reading from the holy Gospel according to Mark

This is a new kind of teaching that speaks with authority.

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.

In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Jerusalem Bible translation of Scripture is used in the Australian Lectionary for Mass, Vols I, II and III (London: Collins Liturgical, 1981). Acknowledgement: The Scripture Readings are taken from the Jerusalem Bible © 1966, 1967, 1968 Darton, Longman & Todd Ltd and Doubleday and Co. Inc. Used by permission of the publishers. Liturgia Copyright 2020

**GOSPEL REFLECTION****Mark 1:21-28**

"You are the holy One of God!" Even demons recognized who Jesus was. In the person of Jesus, Son of Mary, God visited his people. Through the words and deeds of Jesus, God's presence became tangible. "Wherever God acts, God is." God was present to the audience in the synagogue through Jesus, simply because the Son of God possessed a divine nature.

When we experience Jesus, his words and deeds change us. If he could heal one possessed, can't he heal us of our demons, sins, and failures? All we need to do is trust. Once we have seen and heard, once we have been healed, we are sent to proclaim the Good News to others. (See 1 John 1:1-4)

When was the last time you had a moment of grace: a time of divine insight and healing?

Was that time a signpost in your life?

Are you still affected by that graced moment? Explain.

Jesus came to proclaim the Good News. Sometimes he used words. And, sometimes he healed. But all his words and deed reflected a greater power: God's love. He was the instrument, the conduit of that love, for he is God. The holy One made God present in tangible ways. He still does.

What word would you like to hear God speak?

How would you like to be healed?

Take a few moments this week to listen to God and prepare yourself for his loving touch.

ROSTER FOR NEXT WEEKEND

Copy of the complete roster is available in the sacristy.

6/2/21 to 7/2/21 – 5th Sunday in Ord. Time Year B

	Saturday 7pm	Sunday 9am
Acolyte	Need help	Paul El-Chaar
Reader1	Margaret Bensley	Peter Goodwin
Reader2	Maria Gambino	Nigel Morgan
Prayers	Mary Cascun	Kath Moran
TV		
Music		Melanie Hume
Music		Keith & Helen
Music		Karen & Teresa G

PROJECT COMPASSION BE MORE

Caritas Australia invites you to be part of their Project Compassion Virtual Immersions via Zoom during each week of the Lenten season. These digital engagements will focus on prayer and reflection, Catholic Social Teaching and an interview and Q&A with Caritas International Program staff. Sessions will run Tuesdays and Thursdays for one hour across Australia. Please register at

<http://lent.caritas.org.au/virtualimmersions>

We are also seeking a parish point of contact for Caritas initiatives and events. If you would like to take on this role, please contact the Parish Office.

FIRST FRIDAY DEVOTION

We hope you will join us this coming Friday evening for the first Friday of the month devotion in our Parish. Adoration, Mass and confession, "An evening with the Lord".

Come along for this prayerful evening where we join as a parish community for the following:

Adoration of the Blessed Sacrament: 6.30pm

Holy Mass: 7pm

Confession: 7.45pm

We hope you will be able to join us.



CCC PRAYER GROUP

Prayer meeting held every Friday night after 7pm Mass, and Wednesday mornings after 9.30am Mass.

Everyone welcome.

For more details call Mary Camilleri on 0403 116 987.



CATECHIST NEWS

Our first Catechist meeting will be held next **Wednesday 3rd February at 9:00am**. Teacher's Manuals and workbooks will be handed out at the meeting, could I please encourage all to attend, thanks.

SRE (Scripture) starting dates

Arcadia, Galston, Glenorie and Middle Dural PS – Wednesday 17th February

Hillside – to be confirmed

Free **Ministry Induction training** will be held over several weeks starting on Monday 8th February, as a morning course 10am-12pm OR and afternoon course 1pm-3pm. Please contact me for further information.

If you are free on Wednesday mornings or Friday mornings and love being with children, why not consider joining this ministry. Vacancies exist for a helper for Kindergarten at Glenorie on Wednesdays 10:10-10:50am and Kindergarten Catechist for Arcadia 11:30am -12:10pm.

God bless,
Miriam Brown 9652 0558 or srearcadia@gmail.com
Parish Catechist Co-ordinator

BLESSING CANDLES ON THE FEAST OF THE PRESENTATION OF THE LORD

This Tuesday 1st February is the Presentation of the Lord. At the 9.30am Mass there will be a Blessing of candles. Please bring a candle to be blessed.



Forty days after Christmas the infant Jesus was presented in the temple of Jerusalem and placed in the arms of the old man Simeon (Luke 2:22-40) who declared:

*Lord, you now have set your servant free
to go in peace as you have promised;
For these eyes of mine have seen the Savior,
whom you have prepared for all the world to see:
A Light to enlighten the nations,
and the glory of your people Israel.*

PARISH SWEETS STALL

First stall date: Weekend of the **5th to the 7th February 2021** (after Mass on Friday 7pm, Saturday 7pm, Sunday 7am Chapel, 9am and 10.30am, and 4.30pm Latin Mass.)



Please feel free to bring items for sale to help the parish.

For any queries or donations please call Lila Bacha on 96521113 or 0418360024.

ITALIAN ROSARY GROUP

Every Monday 2.30pm. Everyone welcome. For more details call Angela Egiziano. Ph: 9653 2312.

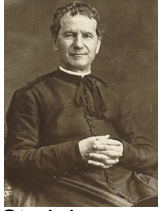


In Our Parish

We remember in our prayers, all our dearly beloved who have died.

We welcome into God's family to all who were recently baptised.

We pray for the sick of our Parish.



SAINT OF THE WEEK

Saint John Bosco

c. 1815-1888

Feast Day: January 31

Patron Saint of editors, publishers, schoolchildren and juvenile delinquents

St. John grew up dirt poor in the country working as a shepherd. His father died when he was an infant. After studies and priestly ordination we went to the big city, Turin, and saw first hand how the urban poor lived. It changed his life. He began a ministry to poor boys which was not particularly innovative. He said Mass, heard confessions, taught the gospel, went on walks, cooked meals, and taught practical skills like book binding. There was no secret to Don Bosco's success. But no one else was doing it, and no one else did it so well. Followers flocked to assist him and he founded the Salesians, a Congregation named after his own hero, St. Francis de Sales. The Salesian empire of charity and education spread around the globe. By the time of its founder's death in 1888 the Salesians had 250 houses the world over caring for 130,000 children. Their work continues today.

Don Bosco was not concerned with the remote causes of poverty. He did not challenge class structures or economic systems. He saw what was in front of him and went "straight to the poor," as he put it. He did his work from the inside out. It was for others to figure out long term solutions, but not for him.

Don Bosco did not know what rest was and wore himself out by being all things to all men. His reputation for holiness endured well beyond his death. A young priest who had met him in northern Italy in 1883, Fr. Achille Ratti, later became Pope Pius XI and, on Easter Sunday 1934, canonized the great priest he had known so many years before.

St. John Bosco, you dedicated your life to the education and care of poor youth. Aid us in reaching out to those who need our assistance today, not tomorrow, and here, not somewhere else. Through your intercession may we carry out a fraction of the good that you achieved in your life. AMEN.

Source of content: mycatholic.life

POPE FRANCIS' INTENTIONS FOR JANUARY 2021

HUMAN FRATERNITY

May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.

AMEN



COVID 19 RESTRICTIONS

**Please use QR CODE or write your name and phone number on the sheets provided at both entries.
Please adhere to social distancing guidelines of 4sqms and sanitize your hands at the door.
Also wipe seats down afterwards with wipes provided at both entries.**

**MASKS ARE MANDATORY.
IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Office Hours: Mondays 10.30am to 2.30pm

Fridays 10am to 3pm

Parish Office: 9653 2312

Parish Priest: Fr. Bernard McGrath OSB

After hours: 0416 032 497

Email: arcadia.parish@bigpond.com

Website: www.bbcatholic.org.au/arcadia

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

**Address: Cnr Fagans & Arcadia Rd,
Arcadia 2159**

Monastery: 9653 1159

Good Samaritan Sisters: 9653 1231

Postal address: 121 Arcadia Rd, Arcadia 2159

**For all parish Occupational Health & Safety and
Safeguarding Children matters**

Contact: Lorraine Dailey on 0416 081 882.

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 1446 8001